

# TANO

## CONTENT MENU



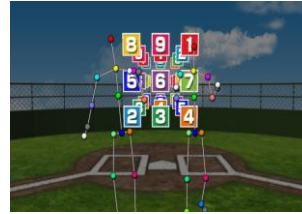
# EXERCISE

## SOCCER



Kick to start the game  
Hit the target!

## STRIKE OUT



Move your arms like throwing a ball.  
Hit the numbers.

## RUN



Walk on the spot.

## CLIMB



Climb up by moving your arms up and down.

## SWIM



Do the breaststroke to go up.

## SQUAT



Move the trolley train by bending your knees.  
Do the squats carefully.

## FLY



Flap your arms like wings and fly up in the sky!

## TRIATHLON



Run, swim, squat, climb, and fly!

## WATER BALLOON



Avoid water balloons

## KEEPER



Touch balls to save the goal.

## EXERCISE

### WIPE WINDOWS



Wipe the window by swinging your arms. What will you find?

### WIPE WINDOWS (REVERSE)



Wipe the window by swinging your arms. Cross your arms.

### BOUNCING BALLS



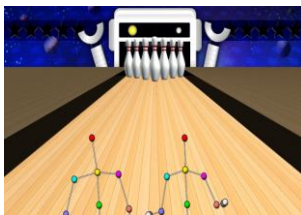
Bounce a lot of balls!  
Something will happen to the ball bounced repeatedly.

### HARVEST



Harvest vegetables by crouching.

### BOWLING



Swing your arm like throwing a bowling ball.

### PING-PONG



Hit tennis balls with the racket.

### RHYTHM GAME



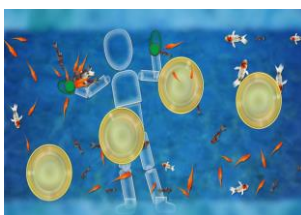
When you see the coming white bar is on the yellow bar, swing your arm like drumming.

### REFLEXES



Touch numbers in ascending order to check your agility!

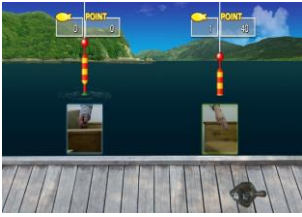
### SCOOPING GOLDFISH



Goldfish come closer to your hands!  
Scoop them into floating bowls.

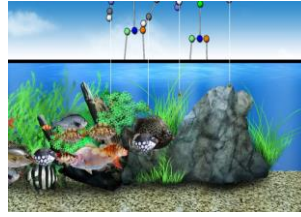
## EXERCISE

### FISHING



Lift your arm up to fish when the float sinks completely.  
You can catch over 90 kinds of fish.

### BOAT FISHING



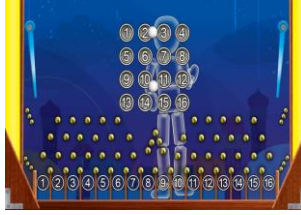
Throw the bait into the water and pull the fish out  
when it close!

### CRANE



Move your arms up and down to pull the rope of the crane.  
Catch as many shellfish as possible.

### KNEE BENDING FOR BINGO



Balls will fall when you do squats.

### AIRPLANE



Move like the airplane on screen.

### WOOD CHOPPING



Grab the axe and swing arms up and down to  
chop wood.

### SLOT GAME



Move your arm up and down to stop the slot  
machine.

### BOUNCING EGGS



Swing your arms up to bounce falling eggs high and  
they'll hatch out.

### BREAKING BLOCKS



Shoot balls by clenching/opening your fists, punching or  
kicking. Hit the blocks!

### HOME RUN



Hit a ball when it is in the box.

# FIREWORKS

## UPPER LIMBS



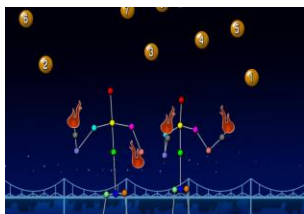
Touch falling stars with your hands, elbows and shoulders.  
Hit the stars of the same color as each body part.

## LOWER BODY



Touch falling stars with your hands, elbows and shoulders.  
Hit the stars of the same color as each body part.

## FIREWORKS FOR HANDS



Touch the falling firework balls with your hands to set them off!

## FIREWORKS FOR SHOULDERS



Touch the falling firework balls with your shoulders to set them off!

## FIREWORKS FOR ELBOWS



Touch the falling firework balls with your elbows to set them off!

## FIREWORKS FOR WAIST



Hit firework balls with your waist to set them off.

## FIREWORKS FOR FEET



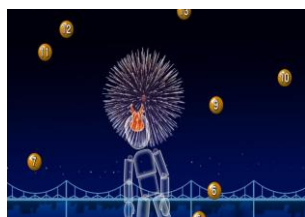
Touch the falling firework balls with your feet to set them off !

## FIREWORKS FOR KNEES



Touch the falling firework balls with your knees to set them off !

## FIREWORKS FOR HEAD



Touch the falling firework balls with your head to set them off!

## FIREWORKS (REVERSE)



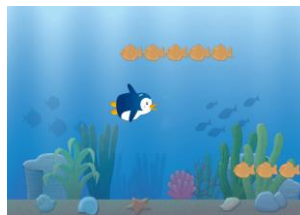
Touch the firework balls to set them off with your hands crisscrossed!

## FACE MAKING



Shout to stop the moving face parts where you like.

## HIGH-LOW PENGUIN



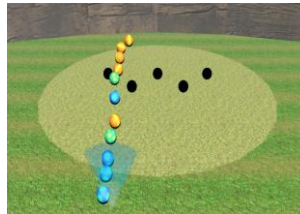
Move a penguin up and down by changing the pitch of your voice to catch 'Taiyaki sweet fish cakes'.

## CATCH THE MONEY



A basket moves toward your voice or other sound. Catch the falling money and 'fortune cats'.

## HOLE IN ONE



Balls come out from the direction of your voice. Put them in the holes.

## KITS



Call out the name of animals and fruit on screen. The called ones will disappear.

## FIND A MISTAKE



Call out the name of the animal which is the odd one out.

## FREIGHT TRAIN



Put balls into freight cars with your voice. Ball speed will change with your voice volume.

## VOICE RHYTHM GAME



When you see the coming white bar is on the yellow bar, clap your hands or shout.

## ENGLISH PRONUNCIATION



Let's check your English pronunciation.

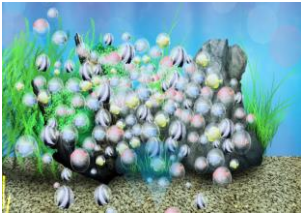
## COMMEMORATIVE PHOTO



Release the shutter with your voice to take photos.

# FUN GAMES

## FLUFFY



Speak aloud and many fluffy things come out. Enjoy touching them.

## BALL POOL



Collect balls by moving your hands.  
Clap your hands, and you'll get scores.

## FRUIT PICKING



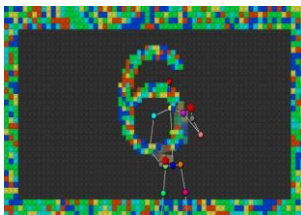
Get fruit by opening and clenching your fists.

## SMILE CHECKER



When you smile, your photo will be taken.  
Exercise your facial muscles!

## TRACE



Trace the line correctly to get a high score.

## PUPPET SHOW



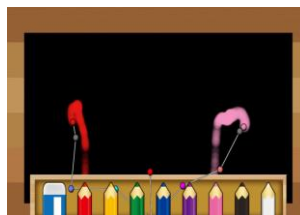
When you dance, the figures on screen will imitate you.

## CHANGE A MASK



The mask will change, when you hide your face with your hands.

## DRAWING



Draw a picture by moving your arms.  
You can change your crayon colors by touching them.

## WONDER!



Say "Wonder!" to take photos.

# WALK

## GREAT WALL OF CHINA



(1m40s)



## SEA TURTLE



(0m40s)



## STRAWBERRY PICKING



(0m39s)



## TANABATA FESTIVAL



(2m44s)



## HIRATSUKA BEACH



(3m19s)



## JAPANESE GARDEN



(3m2s)



## YOKOHAMA ELECTRIC POWER



(1m31s)



## BEACH IN OKINAWA



(0m53s)



## SHONAN STROLL



(3m58s)



## SHOPPING



(5m21s)



# MEASUREMENT

## CAREPIT



Check your posture and the distortion of your body.

## CS 30



Count how many times you can stand and sit.

## FRT



Stand straight up and lift your arms making fists as high as the shoulders and extend them forward as far as you can.

## BALANCE TEST



Lift one of your legs and stay like that for a while.

## VISUALIZATION OF THE



Move your arms in any direction. How far will you be able to reach?

## SENSOR FUNCTION



Let's see how far you can spread your arms.

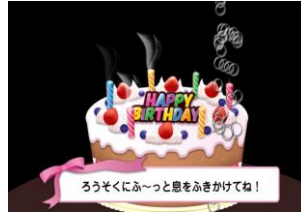
ETC.

## SLIDESHOW



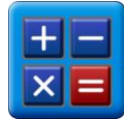
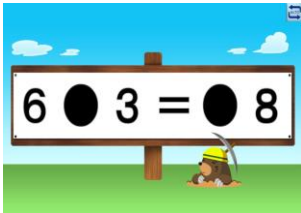
Let's look at the photos you took!  
A slideshow presentation will be run automatically.

## BIRTHDAY PARTY



Sing a birthday song and blow out the candles,  
then take a photo.

## CALCULATION



Addition, subtraction, multiplication, division.  
Let's think of the answer hidden in the hole.



## JAPANESE GARDEN



(3m2s)



## FISHING



Lift your arm up to fish when the float sinks completely.  
You can catch over 90 kinds of fish.



## UPPER LIMBS



Touch falling stars with your hands, elbows and shoulders.  
Hit the stars of the same color as each body part.



## WIPE WINDOWS



Wipe the window by swinging your arms. What will you find?



## TRIATHLON



Run, swim, squat, climb, and fly!



## AIRPLANE



Move like the airplane on screen.



## STRIKE OUT



Move your arms like throwing a ball.  
Hit the numbers.



## SOCCER



Kick to start the game  
Hit the target!



## FACE MAKING



Shout to stop the moving face parts where you like.



## WOOD CHOPPING



Grab the axe and swing arms up and down to chop wood.



PRINT



RESTART



END



## RECORDING

START RECORDING OF THE BONE



15



30



45

CANCEL



SNAPSHOT



## SENSOR

SENSITIVITY



LOW



NORMAL



HIGH

DETECTION RANGE



1.5



## PEOPLE

NUMBER OF PLAYERS



OFF



1



2



3



4



## METRONOME

METRONOME



OFF



60



70



80



90



100



## PERSONAL ID

LOGIN



GUEST



MALE



FEMALE

LOGOFF





RESET



RESET



NEXT



RETURN



STOP



## LEVEL



TIME



SHORT



NORMAL



LONG



DIFFICULTY



EASY



NORMAL



HARD



SPEED



SLOW



NORMAL



FAST



## SOUND

MUTE



OFF



ON

RECOGNITION RATE



EASY



NORMAL



HARD

MIC SENSITIVITY



LOW



NORMAL



HIGH



## SENSOR

DEPTH



FRONT



BACK

DETECTION RANGE



OFF



0.5



1



## SETTING



設定



OK

LEFT



RIGHT



UP



DOWN



## QUIZ



AUTO



MANUAL



SLEEP



POWER

"CAREPIT" can be operated with a two-dimensional code reader without using a mouse or keyboard  
The measurement is simple to do by yourself.

### Select software Please start 「CAREPIT」



When you come in front of the sensor, the screen will show you the correct standing



When you stand in the correct position, the countdown will start.

### Mode selection Please select "Countdown mode" or "Real time mode"



The screen won't move after the measurement.

Measure your natural standing position.

**AUTO**



When you come in front of the sensor, the screen will show you the correct

**OFF**



The screen will continue to change after the

Correct to the ideal

**SHOT**



If you select SHOT, the screen will stop.

**PRINT**



Print the result

### Restart

Move to the next measurement with 'your' raising hand or selecting "Countdown mode".



Raise your hand for 5 seconds



OR



Move to the next measurement

### Display settings You can select the detailed settings of screen display.

PHOTO

**ON**



**OFF**



Choose the display mode: original or skeleton.

WAIST

**ON**



**OFF**



When you measure in the sitting position, turn OFF the skeleton mode.

LEGS

**ON**



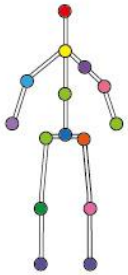
**OFF**



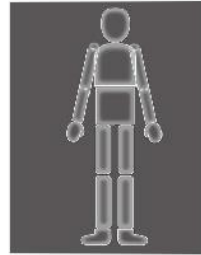
When you are wearing a long skirt or wide-bottom pants, turn off the skeleton mode.



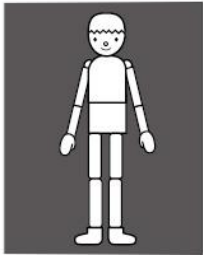
RESET



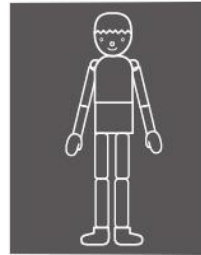
LINE



HUMAN3D



HUMAN WHITE



HUMAN LINE



CRAFT1



CRAFT2



ROBOT



WOOD



SKELTON

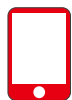


TANOBO



RUNNER





PLEASE READ ON YOUR SMARTPHONE

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